

ECHOES ESSHOE

April, 2019

**We Invite
We Welcome
We Nurture
We Serve**



From the Pastor's Desk...

By Pastor Quentin Wallace

"He is not here, he has risen. Look where he lay." Matthew 28:6



Still I Rise

On a Friday Jesus died a horrible death by crucifixion at the hands of the Romans, but orchestrated by religious leaders who feared his teachings and were threatened by his popularity as they dismissed his divine mission. His enemies thought their problem was solved and the threat he presented eliminated by his death. However the victory was short lived. As horrible as that Friday was Sunday arrived.

The late Maya Angelou a renowned African American female poet lariat wrote a poem entitled "Still I Rise." For the purposes of this article, I will highlight the first stanza of her poem.

***You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.***

Angelou captures how what may look like defeat is not always the case. Christ's opponents thought he was cast down forever, but he arose.

As a child of the living God, remember Christ rose after betrayal, great suffering, and death by those who should have embraced him. Today be encouraged. Christ is greater than your circumstances, and if you are feeling defeated, as child of the living God in the midst of any situation, embrace what Christ has done and say to yourself, "And Still I Rise."

Sidelights



CHANCEL CHOIR CANTATA

The Chancel Choir will present a cantata, "Come to the Cross and Remember," on Palm Sunday at the 10:20 am service. The cantata focuses on the journey of Holy Week with a presentation of songs through physical representations of the palms, bread and the cup, flowers, thirty silver coins, the robe and the crown, nails, and the shroud. This moving work will prepare you for Holy Week and the promise of Easter morning. Please invite family and friends to join us for this special Sun-

day. **FIVE FRIDAYS OF FASTING & PRAYER**

During Lent, the Leadership Team invites the congregation to join in a church-wide period of fasting (food and/or liquid) each Friday from the time you arise until noon. Scripture for meditation will be provided, and we will end the fast at noon with a group prayer via conference call led by the pastor, or you can pray individually. Our goal is to have the entire church praying at noon. As we fast and pray we are seeking God's renewing power for each and every member so that we may grow in grace and experience the joy of the Holy Spirit. Check out the news to go each week for the Scriptures and topic. New Conference Call# 1-605-313-5107 Enter code 202700 and press#.

Sidelights

SUMMER CAMP OPPORTUNITIES

The conference offers wonderful opportunities for our young people to get outdoors and fellowship with other young Christians within the safety of our Christian camps. There are four options in our conference: Gretna Glen, Camp Innabah, Pocono Plateau, and Carson Simpson Farms. Partial Scholarships are available for Covenant's children and youth. Please see Minister Brenda if interested. Additional information about each camp as well as the weekly offerings can be found at epaumc.org.

UMC HISTORY BUFFS TO MEET IN JOHNSTOWN

The Northeast Jurisdiction Commission on Archives and History (NEJCAH) will hold its annual meeting, May 7-9, in Johnstown, PA. Interested persons should contact Janice Ulmer, a past president of the NEJCAH and currently editor of their newsletter, "The Bulletin." Registration is due before April 10 and will insure a discounted hotel rate. You may contact Janice by calling 717.522.1018 or emailing her at jeu342@gmail.com or check out the flyers located in the Gathering Area with all the detailed information.

UMCOR RESPONSE

You can help Mozambique cyclone/flood victims! Give to UMCOR (United Methodist Committee on Relief) International Disaster Response and Recovery. Donations will respond to disasters outside the US. Go to the website at umcor.org, then click "Donate" and find "International Disaster Response."

We Worship Together

Sunday Services **9:00 am - Contemporary Worship**
10:20 am - Traditional Worship

April 7, 2019—5th Sunday in Lent

Pastor Quentin will bring the message at the 9:00 am and 10:20 am services. Holy Communion will be observed. The Chancel Choir will provide the music for worship at 10:20.

April 14, 2019—Palm Sunday

Pastor Wallace will preach the message at 9:00 a.m. The Chancel Choir will present the cantata "Come to the Cross and Remember" by Pepper Choplin at the 10:20 service. The bell choir will ring an anthem as well.

- 4:00 p.m. ICPPA Palm Sunday Service at Covenant Church. See article on Page 4.

April 18, 2019—Maundy Thursday

Pastor Sally Ott will offer the message at this 7:00 evening service. Holy Communion will be served. The chancel choir will present an anthem.

April 19, 2019—Good Friday

Pastor Wallace will offer the message at this 7:00 evening service which includes "Reflections from the Cross." Several members of Covenant will participate in this meaningful service. The chancel choir will provide an anthem.

April 21, 2019—Easter Sunday, One Service

Pastor Wallace will preach at the Easter service at 10:20 a.m. The Chancel Choir will participate.

April 28, 2019—2nd Sunday of Easter

Pastor Wallace will preach the message at both the 9:00 a.m. & 10:20 a.m. services. There will be special music on this Sunday.

April Volunteers

April 7

Lobby Greeters:
8:40 - Ruth Neuman & Brenda Roth
10:00 - Lori Brown & Tina Butler
Anchorite: Glenn Miller

April 14

Lobby Greeters:
8:40 - Cindy & Bob Hean
10:00 - Youth
Anchorite: Carole Horn

April 21

Lobby Greeters:
8:40 - Mary Lou Hill
10:00 - Sandy & Rev. Carrigan
Anchorite: Don Dale

April 28

Lobby Greeters:
8:40 - Mee Schuler
10:00 - Harold & Janice Ulmer
Anchorite: Ruth Neuman

April Ushers

Head Usher: Denise Troop
Grace Fisher, Cindy Hean,
Joan Miller, Linda Henning

May Ushers

Head Usher: Dave Beznoska
Tina Butler, Bill Grau, Jr.,
Linda Henning, Dick Galen

Outreach Update

Thank you to all who donated cash and supplies for this year's Women's Winter Shelter. Outreach packed 30 bags for the women, as well as extra items for which they were greatly appreciative.

Kim Wittel from Love INC joined our last meeting to inform us about the various ways that Love INC works. She told us that Love INC receives about 35-40 calls every day, most of them from folks with transportation needs. In this regard, Covenant could certainly provide volunteers. In addition to transportation, there are many different opportunities to assist people in need. Continue to keep Love INC in your prayers.

Check out the bulletin board in the hallway as you are passing through. Cindy Smith has been kind enough to create an attractive display of various opportunities for supporting the Outreach Team.

Outreach will be holding another fund raiser at Isaac's restaurant on Centerville Road in September. The date has yet to be determined.

With your purchase of grocery cards, your generous donations, and funds raised, the Outreach Team was able to make the following donations: \$500 to MOOS, \$500 to TLC, \$500 to Compassionate House Aftercare, Inc., \$300 to Red Bird Mission, \$300 to Lancaster County Council of Churches, \$300 to Love INC, and \$300 to LUMINA. Please continue to purchase the grocery cards and support our fundraisers so we can continue to support these organizations. Thank you.



Sidelights

MEMORIALS RECEIVED

A gift to the Building Fund in memory of **Randy Dippary** from Sandra Leonard.

A gift to the Memorial Fund in memory of **Dan Neidermyer** from Sandra Leonard.

A gift to the Memorial Fund in memory of **Nancy O'Neill** from Mignon and Benjamin Bowman.

A gift to the Pastor's Discretionary Fund in memory of **Jeannette Arment** from Carole Horn.

BIBLE STUDY OFFERED

The small group Bible study, Women Seeking Discipleship, facilitated by Sue Kresge, will be held Sunday, April 7 at 4:00 p.m. in the Chapel/Library. The topic of this study is The Epistle to the Hebrews; author Lisa Harper.

NEW MEMBERS CLASS

Pastor Quentin will lead a new members orientation class on Saturday, April 13, at 11:00 a.m. here at Covenant. This class is for all those persons desiring to be part of this church family. Upon completion of this class, new members will formally be brought into membership on Easter Sunday, April 21. Please give your name to the volunteer secretary, the church office, or Pastor Quentin by Sunday, April 14.

UMW INGATHERING

Remember to help fill the bin for UMW Ingathering. New clothing for children and women will be taken to the Ingathering meeting April 27 at St. Paul's UMC in Elizabethtown. Items then will be donated to local clothing banks. Thanks for helping.

Sidelights

FROM THE BOARD OF TRUSTEES

Covenant Church belongs to all of us, and it is our responsibility to care for our property, furniture, and fixtures. The board now has a box, located on the Welcome Desk, in which you may deposit your ideas, concerns, or suggestions.

JOIN A PRAYER GROUP

You are invited to join the Wednesday Prayer Group, which meets each Wednesday at 10:00 a.m., (please note the change in time) or the conference call prayer group that meets every Friday morning at 6:00 a.m. via the phone. Just dial 515-739-1034, and enter the code 202700.

FIRST FRIDAY FAMILY FUN

The nurture team is actively embracing our mission to invite, welcome, nurture and serve. We have hosted two first Friday events and they were both successful. In March we invited the community in for a meal followed by fun activities including bingo and arts and crafts. In May we hosted our annual Easter egg hunt along with a meal, a dramatic presentation of the Easter story and Easter themed crafts. Every child left with an Easter basket and lots of candy and goodies. We are attracting young families from Fulton, families from the daycare and others from our surrounding community. Our May event will focus on middle school aged children. These events are open to our Covenant family as well. We would love to have you come and help or just enjoy a conversation with our neighbors. We are awaiting the response from grant proposals that were submitted to financially assist in our efforts. We are grateful to those who support with requested items or financial support.

ICPPA Palm Sunday Event at Covenant

On Sunday, April 14, at 4:00 p.m. Covenant is hosting the IntraCity Progressive Pastors Association (ICPPA) Palm Sunday service here at Covenant. The speaker is the Reverend Chandra Williams, senior pastor of the United Missionary Baptist Church (UMBC) of Philadelphia. She is also the founder of Chandra Williams Ministries a ministry founded on the principles of Praise and Worship unto God. She is a sought after preacher, life coach, marketing and branding trainer, and music workshop clinician throughout the country.



Reverend Chandra Williams

In October of 2012, Chandra was officially installed as pastor to her home church the United Missionary Baptist Church, where she succeeded her father, Rev. Charles I. Williams, Sr., who pastored the very same church for 54 years. Since being installed Rev. Chandra has magnified the foundation of community outreach, evangelism, and missions on which United was built.

Please come hear a wonderful message and share in this very special service of praise and worship.

COVENANT CHURCH is Bringing Christ's Light into the Community and Beyond AND Preparing for Increase in 2019.

Covenant Members in Business

Aunt Sandy's Attic

Sandy Leonard
Antiques, Collectibles, Books, Art, etc.
545 W. Market Street, Marietta, PA 17547
717-426-5091

Conestoga Innovations Promotional Products

(for all your advertising needs)
Wanda Snyder, 1.800.759.8885 or
sales@conestoga-innovations.com

CTC Lollipop Company

414 N. Pine Street, 717.509.5916
Tues.-Fri. 11am-7pm; Sat. 9am-2pm

Dale Building Designs

Donald A. Dale, 872.4263
2086 New Danville Pike, Lanc., 17603
www.DonDaleDesigns.com

Groffs Family Funeral

& Cremation Services, Inc.
Thomas S. Buter, 394.5300
528 W. Orange St.

Interiors by Kristen

Kristen Stemmer, 875.4014
2086 New Danville Pike, Lanc. 17603

JM Services

Jeff and Brad McGary
Interior & Light Exterior Painting,
Handyman, and Junk Removal
717.330.9616 or jcmcgary@comcast.net

Kresge Computer Consultation

Roger Kresge, 299.4613 or
rkresge123@comcast.net

Miller Optical

Glenn & Maryanne Miller, 393.2020
Glasses, Contacts, and Exams
Lancaster & Willow Street
Richard B. MacDonald
Attorney at Law
312 W. Orange St., Lancaster
717.394.1508

Steve's Automotive Technology

Steve Sultan
PA Safety and Emission Inspections
1027 Dillersville Rd #16
666.3646

Willard Hypnosis Center

Roger J. Willard
3304 Main Street, Conestoga PA 17516
717.872.7561 or willardhypnosis.com

Financial Update

The Finance Team wishes to keep the Covenant Family up to date on the state of our church finances. Please review the information carefully and use it as you prayerfully consider your stewardship—your time, talents, and resources—in support of Covenant Church. If you have questions regarding the report, please feel free to contact any member of the Finance Team.

Below are Income and Expenses for February 2019 which represents 17% of the year			
	Budget	February YTD Actuals	Percentage of Budget
INCOME			
Envelope Offering	\$305,000.00	\$42,438.70	14%
Plate Offering	\$3,000.00	\$283.00	9%
Special Offerings	\$8,850.00	\$230.75	3%
Trusts	\$18,600.00	\$767.27	4%
Parking Lot	\$23,000.00	\$8,817.00	38%
Use of Bldg	\$1,500.00	\$430.00	29%
Day Care	\$10,000.00	\$0.00	0%
Miscellaneous	\$5,500.00	\$240.00	4%
BB&T	\$120,486.00	\$0.00	0%
	\$495,936.00	\$53,206.72	11%
EXPENSES			
Missions & Benevolence	\$53,268.00	\$8,878.04	17%
Evangelism	\$600.00	\$0.00	0%
Christian Education	\$3,100.00	\$263.02	8%
Outreach	\$1,500.00	\$0.00	0%
Worship	\$2,385.00	\$351.19	15%
Program Administration	\$23,150.00	\$3,747.43	16%
Personnel	\$293,451.00	\$44,092.32	15%
Property	\$118,482.00	\$14,850.70	13%
	\$495,936.00	\$72,182.70	15%

Here's To Good Health

I think we all know someone who has had a stroke, and they are never the same again. Or you might know someone who had a stroke and, after a lot of hard work, has been able to live a fairly normal life. One thing about strokes is that they occur in different ways, and people have different outcomes.

The best strategy is knowing what causes a stroke so you can lower your risk. A stroke happens when the blood supply to the brain is suddenly altered. Brain tissue is either deprived of oxygen and nutrients or drowned in blood. Brain cells can quickly die or become damaged.

There is long list of risk factors. You most likely know what they are: high blood pressure, high levels of bad cholesterol, smoking, diabetes, heart disease, obesity, heavy alcohol use, age over 55, and ethnicity.

Think F.A.S.T.

If you think someone is having a stroke, there is a simple test using the acronym F.A.S.T.

F stands for face – Ask the person to smile. Does one side of his or her mouth droop?

A stands for arms – Ask the person to raise both arms. Does one arm drift downward?

S stands for speech – Ask the person to repeat a simple sentence. Are words slurred? Can he or she repeat the sentence correctly?

T stands for time – If you see any of these signs, time is important. Call 911 so the person can be taken to a hospital as soon as possible for evaluation and treatment.

Although nearly 130,000 people die of stroke each year in the U.S., many more have a stroke and survive. It is the leading cause of disability and the number one cause of preventable disability. So work on lowering your risk factors! Also remember F.A.S.T.!

Cindy Smith

Wellness coach

APRIL CALENDAR

Regular Events (Unless Otherwise Noted)
MOOS, 7am
Prayer Group, Wednesdays, 10:15am
Chancel Choir, Wednesdays, 7pm
Praise Team, Thursdays, 7pm
Prayer Group, Fridays, 6am

4/3, Wednesday
Bell Choir rehearsal, 5:30pm

4/4, Thursday
Lenten Book Study, 12 noon & 7pm

4/5, Friday
First Friday Family Fun Night, 5:30pm

4/6, Saturday
Chancel Choir rehearsal, 9am
Care & Share lunch, 12 noon

4/7, Sunday
Women Seeking Discipleship, 4pm

4/9, Tuesday
Leadership Team meeting, 7pm

4/10, Wednesday
Community Meal, 4:30pm

4/11, Thursday
Lenten Book Study, 12 noon & 7pm

4/13, Saturday
New Member Class, 11:00 am

4/14, Sunday
ICPPA Palm Sunday Event, 4pm

4/16, Tuesday
Worship Team meeting, 7:05pm

4/17, Wednesday
Bell Choir rehearsal, 5:30pm

4/18, Thursday
Maundy Thursday service, 7pm

4/19, Friday
Good Friday service, 7pm

4/23, Tuesday
MOOS Board meeting, 6pm
SPRC meeting, 7pm

4/26, Friday
UMW Retreat, Ocean City, NJ, ends 4/28

4/27, Saturday
Men's Fellowship Breakfast, 7:30am

4/30, Tuesday
Care Team Meeting, 9:30 am
Trustee Board meeting, 7pm

COVENANT

United Methodist Church

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Senior Pastor's Phone: 610-334-3440

Office Hours: M,W,Th, 8:30-3:30; T,Fri., 8:30-Noon

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The Reverend Dr. Guy Carrigan, Dir. of Evangelism

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